

# MEDICAL HUMANITIES & GENERAL PRACTICE LITERACY

Enhancing Clinical Reasoning and Communication Skills

#### **DESCRIPTION:**

This course equips medical students and healthcare professionals with essential medical humanities knowledge, a general practice mindset, and practical communication skills. Through case studies, simulations, and interdisciplinary learning, participants develop ethical awareness, patient-centred thinking, and confident clinical communication for real-world healthcare challenges.

#### **LEARNING OBJECTIVES:**

- Develop humanistic care through core medical humanities concepts
- Apply medical ethics in clinical decision-making
- Enhance doctor-patient communication for better trust and service quality
- Understand the principles and role of general practice in healthcare
- 🗸 Cultivate interdisciplinary clinical thinking
- Strengthen clinical reasoning and resilience with cases and practices



## **TEACHING METHODOLOGIES:**

- Case Analysis

  - Scenario Simulation
- Group Discussion

🗸 Interdisciplinary Reading Practical Exercises

### **TARGET PARTICIPANTS:**

- Medical students: Build medical humanities literacy and a general practice mindset
- Resident physicians: Enhance doctor-patient communication and clinical decision-making skills
- General practitioners: Gain insights into international general practice and improve comprehensive care
- Nursing staff: Strengthen patient communication and psychological support skills
- Pharmacists & Healthcare administrators: Understand healthcare system operations and promote humanistic care









## **COURSE CONTENT\*:**

Ref	Modules (2hrs each)	Description
1	Introduction to Medical Humanities: Medicine is Not Only a Science, But Also a Humanity	<ul> <li>Definition and evolution of medical humanities</li> <li>Integration of medical science and humanities: Case analysis</li> <li>Health, disease, and culture: Different social understandings of health</li> <li>Limitations of modern medicine and the importance of humanistic care</li> </ul>
2	Medical Ethics and Clinical Decision- Making: Ethical Challenges and Value Judgments	<ul> <li>Four principles of medical ethics (autonomy, beneficence, non-maleficence, justice)</li> <li>Case analysis of ethical dilemmas (e.g., organ transplantation, resource allocation)</li> <li>Legal and moral requirements of informed consent</li> <li>Simulated exercises in clinical ethical decision-making</li> </ul>
3	Doctor-Patient Communication and Empathy Training: Building Trust and Enhancing Patient Experience	<ul> <li>Doctor-patient communication models (SPIKES model</li> <li>Effective delivery of condition information and bad news</li> <li>Empathy training: Listening and responding skills</li> <li>Cross-cultural communication: Building rapport with patients from diverse backgrounds</li> <li>Strategies for managing difficult patients</li> </ul>
4	Foundations and Global Perspectives of General Practice: Core Competencies of General Practitioners	<ul> <li>Core concepts and values of general practice</li> <li>Comparison of global general practice systems (UK's NHS, Australia's GP system, China's primary care)</li> <li>The role of general practitioners: From diagnosis and treatment to health promotion</li> <li>Implementation of patient-centered medical models</li> </ul>
5	Interdisciplinary Perspectives on Medicine: Literature, Philosophy, History, and Medicine	<ul> <li>Narrative Medicine and patient stories</li> <li>Literature and medicine: How can doctors learn to listen from literature? (Reading and discussion: "A Doctor's Story," "Illness as Metaphor")</li> <li>History of medicine: From Hippocrates to modern medicine</li> <li>Philosophical reflections on medical ethics (e.g., utilitarianism vs. deontological ethics)</li> </ul>



## COURSE CONTENT (CON'D)\*:

Ref	Modules (2hrs each)	Description
6	Psychological Resilience of Medical Professionals: How to Cope with Stress and Occupational Burnout?	<ul> <li>Psychological stress and occupational burnout among healthcare professionals</li> <li>Strategies for emotional regulation in high-pressure environments</li> <li>Psychological support systems within the healthcare industry</li> <li>Mindfulness training and emotional regulation techniques</li> </ul>
7	Clinical Practice of General Practice: Primary Diagnosis and Comprehensive Assessment	<ul> <li>Diagnostic thinking of general practitioners vs. specialists</li> <li>Chronic disease management: How to support patient self-management?</li> <li>Implementation of comprehensive assessment and personalised treatment</li> <li>Clinical case analysis and reasoning training</li> </ul>
8	Medical Care for Special Populations: Providing Individualised Care	<ul> <li>Geriatric medicine and palliative care</li> <li>Medical needs of special populations</li> <li>Social determinants of health</li> <li>Management of mental health and psychological disorders</li> </ul>
9	General Practice Clerkship: Experiencing Primary Care Firsthand	<ul> <li>Observing the daily work of general practitioners in primary care settings</li> <li>Practical training in doctor-patient communication (onsite case analysis)</li> <li>Integrating humanistic care into clinical diagnosis and treatment</li> <li>Mentorship and group reflection discussions</li> </ul>
10	Summary and Practical Application: Case Studies and Career Development Planning	<ul> <li>Review and integration of course content</li> <li>Writing and presentation of real-world case reports</li> <li>Application of medical humanities in professional careers</li> <li>Personal development planning and future learning pathways</li> </ul>

\*Course content can be customised and tailored to meet the specific needs, context, and objectives of the client.