



MEDICAL HUMANITIES & COMMUNICATION SKILLS

Elevating Compassionate Care: A Course
for Healthcare Professionals



DESCRIPTION:

This course equips healthcare professionals with essential communication and humanistic skills to deliver patient-centred care. Beyond medical expertise, it focuses on empathy, medical ethics, patient psychology, cross-cultural awareness, and doctor-patient relationship management. Through practical activities, participants will learn to communicate with greater sensitivity, professionalism, and compassion.

LEARNING OBJECTIVES:

- ✓ Develop humanistic values and patient-centred mindset
- ✓ Build trust through effective doctor-patient communication
- ✓ Apply cross-cultural skills to serve diverse patient groups
- ✓ Strengthen empathy and emotional intelligence in clinical practice
- ✓ Apply medical ethics for compassionate and ethical decision-making



TEACHING METHODOLOGIES:

- ✓ Case-based Learning
- ✓ Role-Play Simulations
- ✓ Interactive Dialogue
- ✓ Practical Exercises

TARGET PARTICIPANTS:

- Doctors, nurses, and medical students
- Healthcare providers seeking to enhance communication proficiency
- Healthcare workers committed to fostering a humanistic approach

COURSE CONTENT*:

Ref	Modules (2hrs each)	Description
1	Medical Humanities & Professional Identity	<ul style="list-style-type: none">• Core values of medical humanities• Professional identity for doctors/nurses & burnout management• Case studies: Patient-centred care in action
2	Doctor-Patient Communication	<ul style="list-style-type: none">• Patient-centred models (SPIKES, BATHE)• Active listening & non-verbal communication• Role-playing: Communicating with anxious patients
3	Patient Psychology & Emotional Support	<ul style="list-style-type: none">• Common patient states (anxiety, fear, depression)• Building trust & providing psychological support• Case studies: Managing anger & distrust
4	Medical Ethics & Compassionate Care	<ul style="list-style-type: none">• Four ethical principles (autonomy, beneficence, non-maleficence, justice)• Ethical dilemma analysis & decision-making• Role-playing: Discussing treatment refusal
5	Cross-Cultural Communication	<ul style="list-style-type: none">• Cultural influences on health beliefs• Communicating across cultures (language, religion)• Empathetic language in medical English
6	Healthcare Professional Well-being	<ul style="list-style-type: none">• Emotional management & stress coping• Maintaining empathy under pressure• Group discussion: Applying humanities in practice

**Course content can be customised and tailored to meet the specific needs, context, and objectives of the client.*