



# PRE-DEPARTURE MEDICAL ENGLISH

A 12-week intensive program with 50+ clinical simulations across 12 core communication scenarios meticulously crafted for medical professionals gearing up for an overseas clinical placement.

## COURSE DESCRIPTION

The course furnishes participants with the indispensable communication skills to navigate diverse clinical scenarios with confidence and efficacy.

Through a dynamic blend of conceptual learning, hands-on practice, and real-world simulations, participants will cultivate the communicative competence vital for success in international healthcare settings.

## LEARNING OBJECTIVES

- Execute patient-centered communication in high-stakes scenarios, establishing rapport, understanding patient perspectives, and navigating challenging interactions.
- Deliver and gather information clearly and comprehensively, adapting communication to ensure patient understanding.
- Explain medical information in a patient-friendly manner, including diagnoses, treatments, and procedures, while demonstrating sensitivity to cultural nuances.
- Apply the Cambridge Calgary Guide framework to optimise patient-centred communication.
- Exhibit proficiency in medical English, showcasing linguistic and grammatical accuracy.

## TEACHING STRATEGIES

- Interactive discussions and activities promote deeper learning experiences.
- Scenario-based learning connects theoretical knowledge with practical scenarios.
- Role-plays and group work foster practical skills and self-assurance.
- Personalised feedback facilitates targeted improvement.
- Online resources support self-paced and adaptable learning journeys.



## KEY FEATURES

- Comprehensive and tailored to your needs
- Integration of globally recognised standards
- Interactive learning and supportive environment
- Culturally sensitive and effective communication
- Practical, relevant, and professionally focused

Ref	Theme	Description
1	<b>Introducing Yourself in Different Medical Contexts</b>	<ul style="list-style-type: none"> <li>Initiating the interaction appropriately in different settings (clinic, hospital, home visit, colleagues, ER dept.)</li> </ul>
2	<b>Relationship Building</b>	<ul style="list-style-type: none"> <li>Demonstrating a respectful and attentive attitude towards the patient.</li> <li>Showing Empathy for feelings, predicament as well as emotional state</li> </ul>
3	<b>Incorporating the Patient's Perspective</b>	<ul style="list-style-type: none"> <li>Eliciting and understanding the patient's concerns</li> <li>Exploring patient ideas and expectations</li> </ul>
4	<b>Providing Structure</b>	<ul style="list-style-type: none"> <li>Sequencing communication purposefully and logically.</li> <li>Signposting and using other organisation techniques ('menu technique' &amp; 'labelling')</li> </ul>
5	<b>Information Giving</b>	<ul style="list-style-type: none"> <li>Breaking down information appropriately and checking understanding</li> <li>Structuring explanations, checking, and encouraging questions</li> </ul>
6	<b>Information Gathering</b>	<ul style="list-style-type: none"> <li>Establishing what the patient already knows</li> <li>Questioning: open questions, to quantitative, to closed</li> <li>Avoiding compound questioning</li> <li>Dealing with reticent patients</li> <li>Summarising Information</li> </ul>
7	<b>Scenario 1: Explaining Treatment</b>	<ul style="list-style-type: none"> <li>Information giving techniques</li> <li>Encouraging reactions</li> <li>Summarising and inviting correction</li> <li>Empathy</li> </ul>
8	<b>Scenario 2: Discussing Diagnosis</b>	<ul style="list-style-type: none"> <li>Avoiding jargon</li> <li>Information giving techniques</li> <li>Patient-centred discussion</li> <li>Signposting</li> <li>Strong &amp; Weak Empathy</li> </ul>
9	<b>Scenario 3: Dealing with Challenging Behaviour</b>	<ul style="list-style-type: none"> <li>Refusing a request</li> <li>Changing subject (elderly)</li> <li>Giving reasons</li> <li>Empathy &amp; Reassurance</li> </ul>
10	<b>Scenario 4: Explaining Conditions</b>	<ul style="list-style-type: none"> <li>Information gathering techniques</li> <li>Encouraging reactions</li> <li>Summarising &amp; inviting correction</li> <li>Empathy &amp; Reassurance</li> </ul>
11	<b>Scenario 5: Discussing Surgery</b>	<ul style="list-style-type: none"> <li>Information giving &amp; gathering techniques</li> <li>Patient-centred discussion</li> <li>Signposting</li> <li>Reassurance</li> </ul>
12	<b>Scenario 6: Talking About Pain</b>	<ul style="list-style-type: none"> <li>Information gathering:               <ol style="list-style-type: none"> <li>Discussing Pain Location</li> <li>Discussing Pain Severity</li> <li>Using Pain Scales</li> </ol> </li> </ul>